



SINCE 1979

# IL GIORNALE

ITALIAN AMERICAN HERITAGE CLUB OF HUNTERDON COUNTY  
POST OFFICE BOX 2466 ♦ FLEMINGTON ♦ NEW JERSEY ♦ 08822 ♦ [WWW.ITALIANAMERICANHC.ORG](http://WWW.ITALIANAMERICANHC.ORG)

## Il programma per marzo – Alessandra Aiello

Volume 21 Edizione 3  
Marzo 2021



Alessandra Aiello was born in Vico Equense, Naples. Vico Equense is a coastal town located between Pompeii and Sorrento. The area is called Penisola Sorrentina.

Alessandra has lived in New Jersey for 45 years and she feels blessed that she gets to travel to Italy almost every year.

Alessandra's culinary interest started at a very young age by watching her nonna and her mother preparing meals daily for a family of 12 which indeed is a true challenge.

Once she established her family in the USA, Alessandra's culinary passion continued to grow with foods of different Italian regions. Her mom and brother had a deli where she worked for many years. The joy of happy customers is still imprinted in her mind gratifying her existence.

During quarantine, Alessandra finally had time to start taping her recipes so that she can pass them onto to her daughters. She hopes, one day they will carry on their traditions with authentic food. The family videos turned into a YouTube channel. The channel now reaches people all over the world and Alessandra is humbled by the response of her viewers. Her biggest fan is her husband who takes care of taping and editing the videos.

Food is love and sharing it with family and friends is the biggest gift in life.

Rosanna says she is personally convinced that this simple and colorful food typical of Italian cuisine is delicious and healthy hence the Mediterranean diet.

It is Alessandra's pleasure to share her love of cooking with everyone and anyone who is interested.

If you would like to see her videos, you may go to YouTube and search "Alessandra's Food is Love". To find her authentic recipes you can go to her website at [www.alessandrasfoodislove.com](http://www.alessandrasfoodislove.com)



### Calendar of Events

#### Upcoming Programs/Events

- 3/16 – Alessandra Aiello, Food is Love
- 4/13 – Monthly meeting dinner
- 6/21 – Annual Foundation Golf Outing at Copper Hill Golf Club
- June 2021 – (Date TBD) – Annual Scholarship Dinner
- 10/8 – Annual Foundation Gala

### Italian American Heritage Club of Hunterdon County



#### Dinner Meeting

*Due to current mandates individual dinners will be served. Tables of 6 will be set up.*

*First 56 reservations can be accepted.*

**\$31**  
**Mountainview Chalet**  
**6:45PM**

RSVP  
Mary Divock  
908-377-1379  
[IAHC.Mary@gmail.com](mailto:IAHC.Mary@gmail.com)

24 hour cancellation notice req'd